

## **Interstate Long Distance Service**

This service allows you to make calls to persons in other states or countries from your landline phone. You can choose a long distance company from among a number of companies that serve Maryland residential customers.

Prices for long distance services are not regulated by the Maryland Public Service Commission or any other agency, and can vary widely. In addition to standard service rates, the companies frequently run special deals that are time-limited.

**Remember:** You need local service before you can get long distance service through your home landline telephone.

### **Options for Long Distance Service**

Landline Phone:            Long distance companies

Cell Phones:                Calling plans with broad geographic coverage

VOIP:                        Internet-based service

Prepaid calling cards

### **What Plan is Best for You?**

Know you long distance calling patterns

Compare your current plan with other long distance options

There is no “official” list of long distance companies. You can check out advertisements, look on the Internet and talk to friends and family. There are some websites that compare plans and costs:

[www.abelltolls.com](http://www.abelltolls.com)

[www.SaveOnPhone.com](http://www.SaveOnPhone.com)

[www.myrateplan.com](http://www.myrateplan.com)

[www.allconnected.com](http://www.allconnected.com)

You should always verify information on these websites with the company to make sure the information is accurate and up-to-date.